

what we take with us when we go

she feels so sad
she's lost something huge
she's taking anger definitely
she hates that he didn't love her
she hates herself that she wasted her time
she is hurt that she was unlovable
she is angry that she's lost her son
she is ashamed that her marriage is over
but she couldn't have done more
she gave her best
and he took it all
her self esteem
her confidence
her sexuality
she is broken
in body and mind
who is she?
what is she taking with her?
a weight of sadness
and the hope of a brighter future

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