

declutter

I'm sorry I encouraged you to throw out
all your videos and cassettes

I realise that although they are worth
nothing financially

really you are hoarders
and so are attached to things sentimentally

you worry they may one day
become useful again

so you can't throw anything away

I regret you asking me to help you
clear out

when in fact you probably
resent me for it

you don't appreciate
this release from the past

but are instead yearning for what you have lost

Jo Beth Gray