## why she's afraid of the future

she doesn't want to be arrested tackled to the ground surrounded by nurses injected against her will

> she doesn't want to fight the nurses or to hurt anyone

she doesn't want night terrors reactions to medications mind numbing isolation

she doesn't want touched or manhandled reminders of abuse physical illness ignored to be unable to sleep

she doesn't want court cases against her to be labelled criminally insane she doesn't want to feel suicidal constantly analysed misinterpreted

she doesn't want to endanger anyone to risk her own life

she doesn't want hidden away her personality squashed memory altering drugs

> she doesn't want to feel only sadness unable to have joy

> > Jo Beth Gray