like a head lamp unable to dim she is often judging herself no shade to protect her mind focusing on the worst points

boring
unfunny
depressed
going nowhere
not as pretty as her
not as useful in society
scared of birthing a child
not as adventurous a cook
too tired to bring up children
unable to cope with stress
is she too old anyway?

her friends also illuminate this negative gloom putting down childbirth, child rearing their home, their partners

but can two negatives make a positive?

Jo Beth Gray