

anticipating nothingness

she had been choosing to cut
out her parents and siblings

skin deep, digging for the truth
to release her traumatising pain

her concentration moved out
her confidence passed away

paranoia and anxiety fill the void
she and her mind separated for unfaithfulness

her go to emotions are anger and guilt
dangerously spurting out of blow holes

she wishes she could back up like her phone
instead she rehearses and repeats the past

because in this moment she is nothing

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