

les incompetents et moi
(*excuse her French*)

she came in here for support
and they forget her medication
which helps keep her from becoming psychotic
so she has the whole weekend to get worse
possibly in hospital for a month or more instead of a week
playing with her mind and her future

fucking incompetence

duty doctors after 5pm apparently can do very little
change nothing without her psychiatrist's permission
who works Monday to Friday but only does clinics twice a week
adding to yet another stress on top of all she's dealing with

fucking ridiculous

divorce
physical abuse
bereavement
isolation
threatened homelessness
and now psychosis

fucking shit

but nurses have cared for her
taken the time to listen
out of kindness they brought in clothes
saw her need for a hairbrush, lip balm
gave her a notebook which had belonged to a loved one
herbal sleep tea to relax her at night
health foods to combat constipation
sorted out her finances

fucking brilliant

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