

make the most of your mind

she is nobody, who are you?
she is an invisible wife

her mind is a mental blank
no career no future

but she does have the stigma of mental illness
to torture it
she's just insane, deranged, backwards
no use in society

too shameful to be a wife
too incompetent to be a mother
too embarrassing to be a friend
too unreliable to be an employee
too poor to be an equal partner

so who is she?
not you
you?
you are fortunate, lucky

make the most of your mind

Jo Beth Gray